

# Wisdom From A Mother I Rooted & Grounded in Christ | 5.17.26

## Key Outcomes

The service focused on **prayer for healing and spiritual strength**, followed by **Mama D's teaching on being rooted and grounded in Christ** with emphasis on faith, spiritual nourishment, and maintaining gratitude through trials. 1 2 3 The congregation received encouragement to **pray the Word of God** rather than pray amiss, and to develop a **spirit of gratitude** even during difficult seasons. 4 5 6

## Teaching Highlights

### Being Rooted and Grounded in Christ:

- Building an **unshakable foundation** requires continuous spiritual nourishment and maturity to withstand trials 7
- Being rooted means **continuous growth** and ongoing maturity that deepens over time, not a one-time event 8
- Foundation includes being **secured in God's love**, knowing you are accepted as you are—"we come to church to get right, not get right to go to church" 8 9
- Results of being rooted: **stability, peace that surpasses understanding, mature fruitfulness, faithfulness, protection, revelation and salvation** 10

### Faith Principles:

- **Faith is belief and trust in God**—firm belief in something for which there is no proof 11
- Faith as small as a **mustard seed** can move mountains and command things to change 12 13
- **Faith without works is dead**—must demonstrate fruit and action, not just belief 14
- Faith comes by **hearing the Word of God**—requires studying Scripture to understand and pray it effectively 14 15

### Keys to Effective Faith:

- **Know God's promises and principles** through studying Scripture 14
- **Pray the Word of God** rather than praying amiss 5 14
- **Obey the Word**—be doers, not just readers 16
- **Have patience** as God's plans unfold 16
- **Prayer and fasting** are essential for casting out certain strongholds and spiritual battles 12 17 18

## Healing Testimonies

### Chloe's Migraine Healing:

- Suffered from **severe daily migraines** requiring high dosage painkillers (500-800mg) for 5-6 days straight 19
- Made decision to **surrender painkillers completely** and trust God for healing instead 19 20
- Has been **pain-free for over a month**; when headaches attempt to return, she declares "no" and they leave 20 21
- Congregation affirmed the importance of **thanking God after prayer** rather than continuing memorial prayers for the same issue 21

## Spiritual Warfare Insights

### Heavenly Protection:

- Vision of **chariots, horses and heavenly armies** coming to fight for the church 5 22
- **Psalm 91** confirmation: God gives angels orders to protect in all ways, support with hands, and guard against stumbling 23
- God's **heart is set on His people**—nothing should be feared because divine protection is active 23
- Dream revelation about wearing **green for graduation because "we're at war"** 24

### Spiritual Battle Strategy:

- Enemy is **visibly upset** at the church's progress—"goodness and mercy is on our tail closer than what the enemy has going on" 24

- Use the **shield of faith to extinguish fiery darts**; wear the **full armor of God**, not just some items 25 26
- When casting out unclean spirits, command them "**do not enter again**" with authority rooted in prayer and fasting 17 27
- Demons laugh at those who haven't been doing what they need to do spiritually 27

## Decisions & Commitments

- Church committed to **praying the Word of God** to avoid praying amiss or in vain 4 5
- Emphasis on **Psalms** as teaching tool for spiritual warfare and navigating emotional valleys 22 28
- Congregation encouraged to **transition from petition to thanksgiving** after praying—stop memorial prayers and start praising in advance 21 29

## Key Encouragements

### Spirit of Gratitude:

- **"Be thankful for the season you're in"**—God's Mother's Day message about gratitude regardless of circumstances 30
- Gratitude is the **"extra power boost"** and shifts focus from problem to problem solver 31 32
- Example: "I don't like sitting in this hospital room, but I thank you that you're bringing me out" 32
- **Gratitude builds faith**, which causes believers to ascend to the mountain of the Lord and hear His instructions 33

### Pushing Through Trials:

- Testimony shared about **pushing through heaviness** by staying in prayer closet despite attacks and sleepiness 34
- God blessed with heaviness to teach **pushing through for praise**, not just for labor 34
- **"There's no easy route—He just gives you strength to get through the route"** 6 30
- Life will throw worst blows, but keep pushing forward with faith 33

## Practical Faith Applications:

- Thank God when **account balances look low**—He provides daily bread like He feeds the birds 31
- Thank God for **what you have even in hardship**: "I thank you that Uriah has lungs to cough" 35
- **Faith causes you to fly and flourish; fear causes you to be bound and fail** 33

## Prayer Requests Addressed

- **Trusting in the Lord** 1
- **Chloe's foot** healing 1 36
- **Uriah's body** healing (coughing/respiratory issue) 1 35 37
- **Spiritual blindness** 1 37
- **Stony hearts** 1 2

## Action Items

- Congregation: Continue reading and meditating on **Psalms** for spiritual warfare training 22 28
- Congregation: Practice **praying Scripture** rather than praying from feelings alone 5 14
- Congregation: Implement **prayer and fasting** for deeper spiritual breakthrough 12 17 18
- Congregation: Transition from **petition to thanksgiving** after praying—praise in advance 21 29
- Congregation: Maintain **spirit of gratitude** regardless of current season or circumstances 30 31 33

## Upcoming Events

- **Pickleball** scheduled for Sunday evening and Monday 38 39
- **Hub gathering** on Monday (online option available) 39

- Next week: Teaching returns to "**The Searching**" series 38

## Financial Stewardship

- Gratitude expressed for **faithful givers** 38
- Reminder: **10% of every dollar goes to the Lord**—can't out-give God 38
- Giving from overflow allows believers to **give to others** and operate in abundance 38